



CARES 2020 National Report City of Aurora EMS System



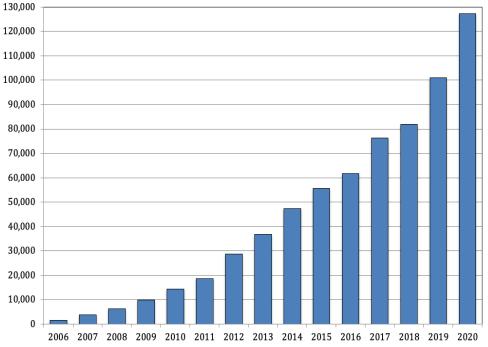
Introduction

- The Cardiac Arrest Registry to Enhance Survival (CARES) is a national effort to improve prehospital cardiac arrest outcomes
- Data from all of the cardiac arrests in the Aurora EMS system where resuscitation was attempted is submitted to the registry
- Participating agencies receive an annual report on their data and give comparison data to other agencies across the state and the nation



2020 National Dataset

- 1,741 EMS Agencies and over 1,900 Hospitals contributed data ^{120,000}
- 127,376 non-traumatic CARES cases
- 196 missing hospital outcomes for a 0.15% LTFU rate
- National report will be posted on the CARES website: https://mycares.net/sitepages/reports.jsp



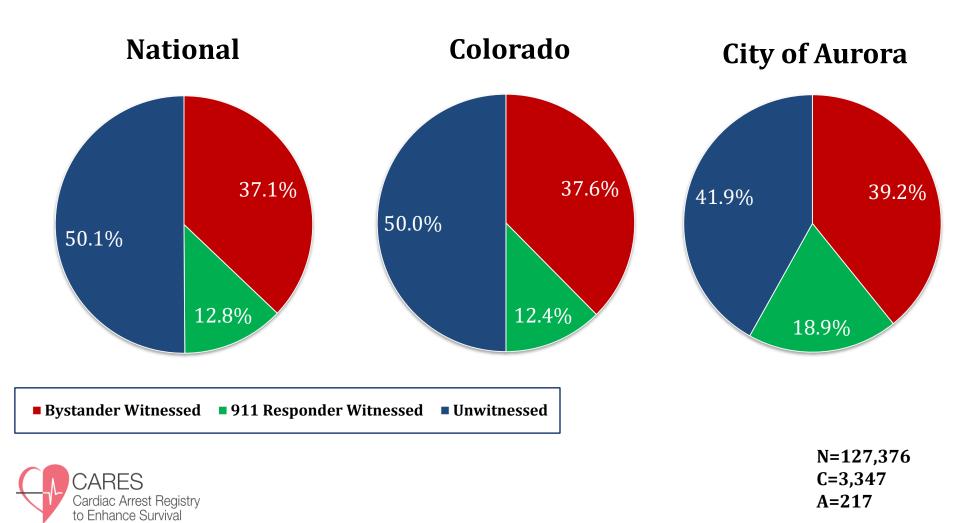




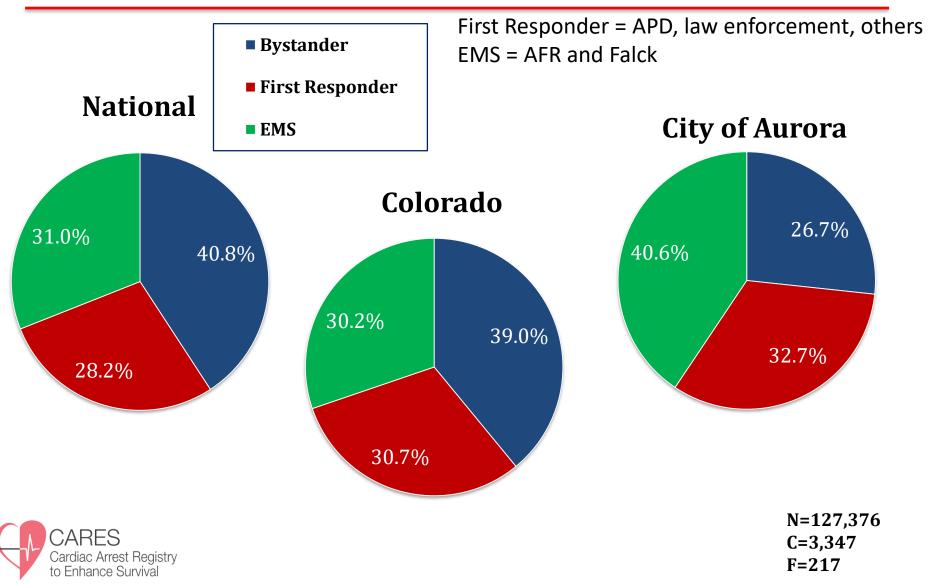
2020 National Dataset City of Aurora Comparison to State and National Data



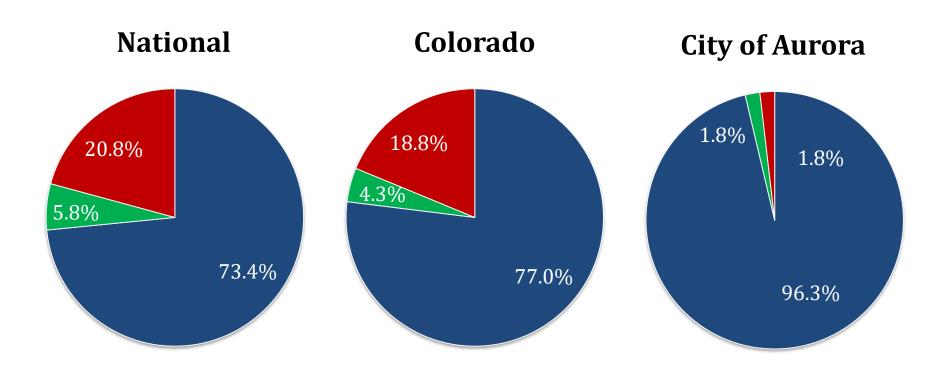
Arrest Witness Status



Who Initiated CPR



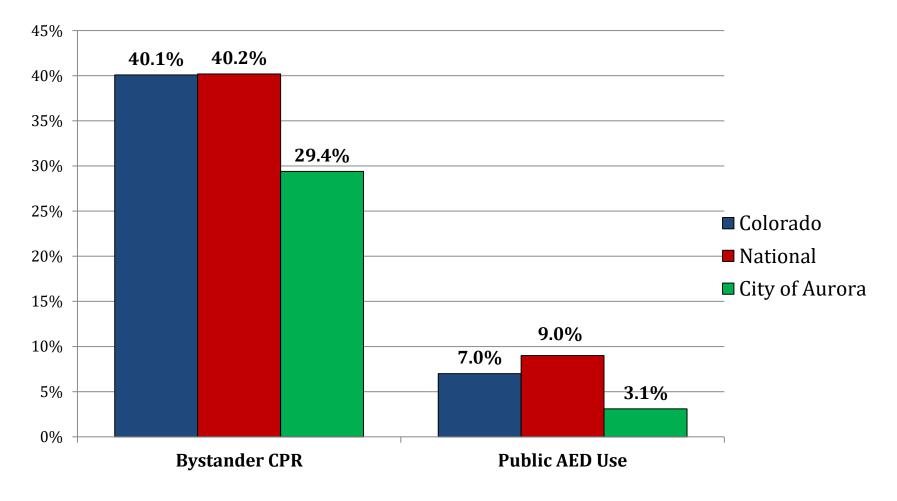
Was an AED Applied prior to EMS arrival?



■ No ■ Yes, by a bystander ■ Yes, by a First Responder

CARES Cardiac Arrest Registry to Enhance Survival N=127,376 A=AED applied prior to EMS arrival = No (209) A=First applied AED = Bystander (4) A=First applied AED = First Responder (4)

Bystander Intervention Rates

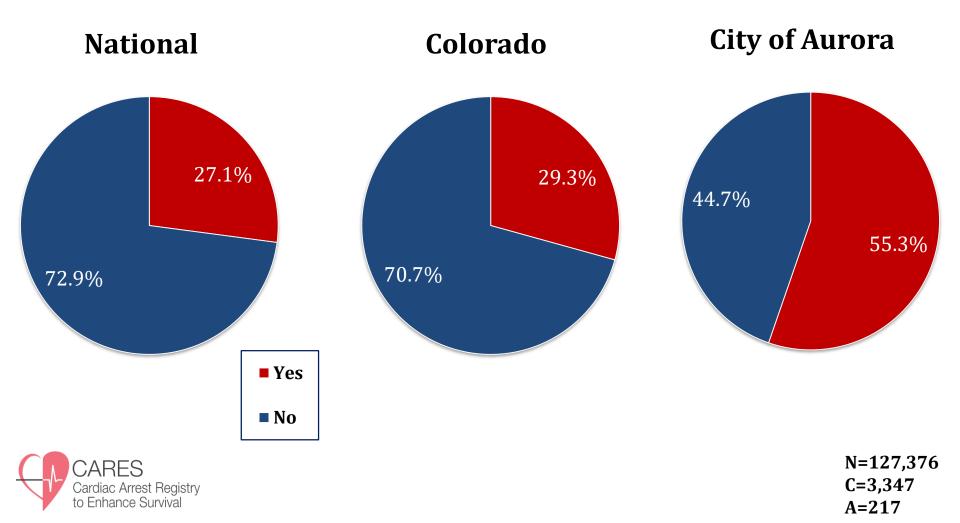




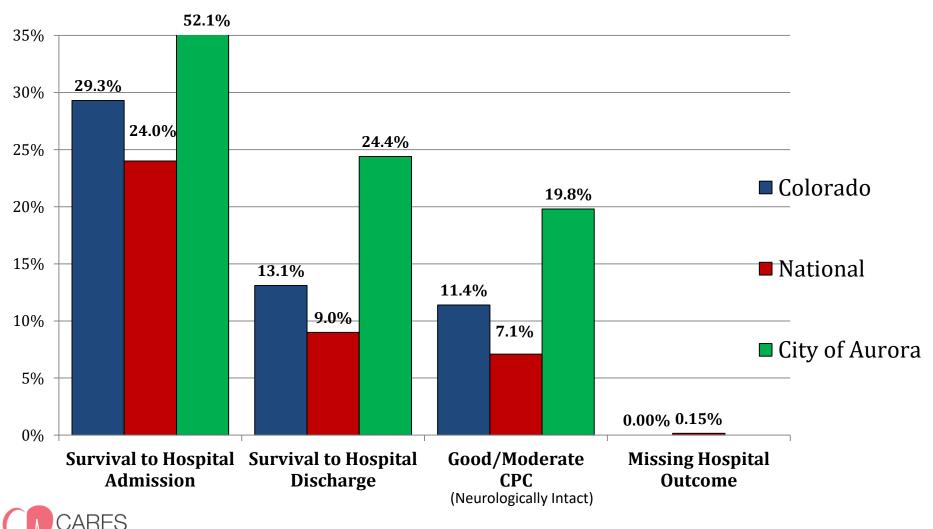
- Bystander CPR rate excludes 911 Responder Witnessed, Nursing Home, and Healthcare Facility arrests.
- Public AED Use rate excludes 911 Responder Witnessed, Home/Residence, Nursing Home, and Healthcare Facility arrests.

Sustained ROSC in the field

ROSC = Return Of Spontaneous Circulation

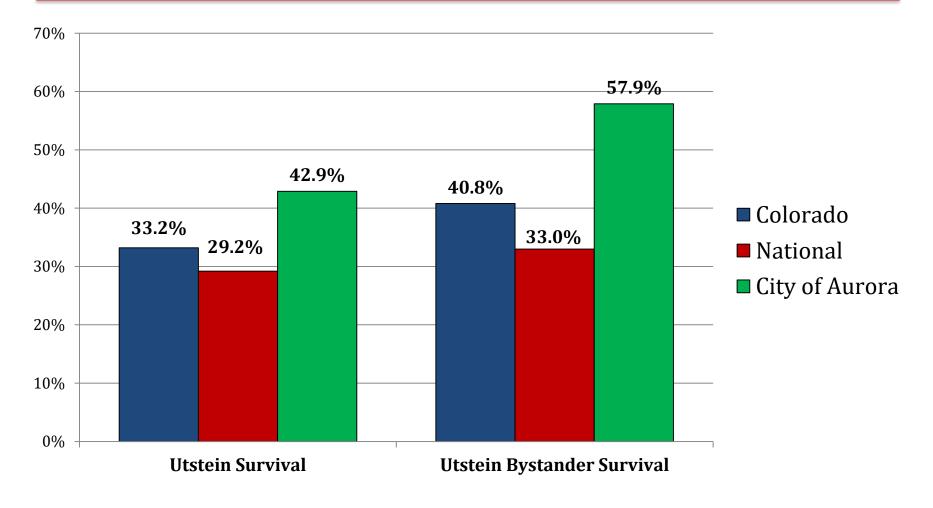


Survival Rates: Overall Survival



Cardiac Arrest Registry to Enhance Survival

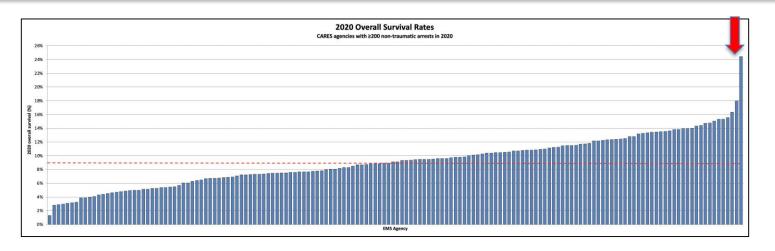
Survival Rates: Bystander Witnessed Shockable Rhythm

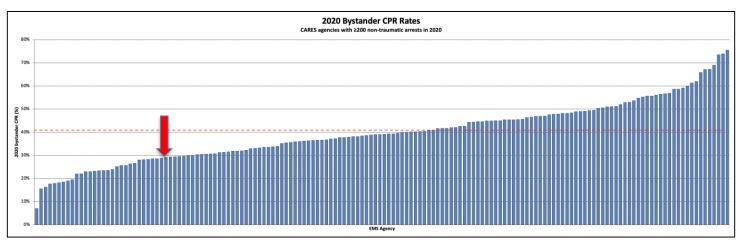




- Utstein = Witnessed by bystander and found in a shockable rhythm
- Utstein Bystander = Witnessed by bystander, found in shockable rhythm, and received some bystander intervention (CPR and/or AED application)

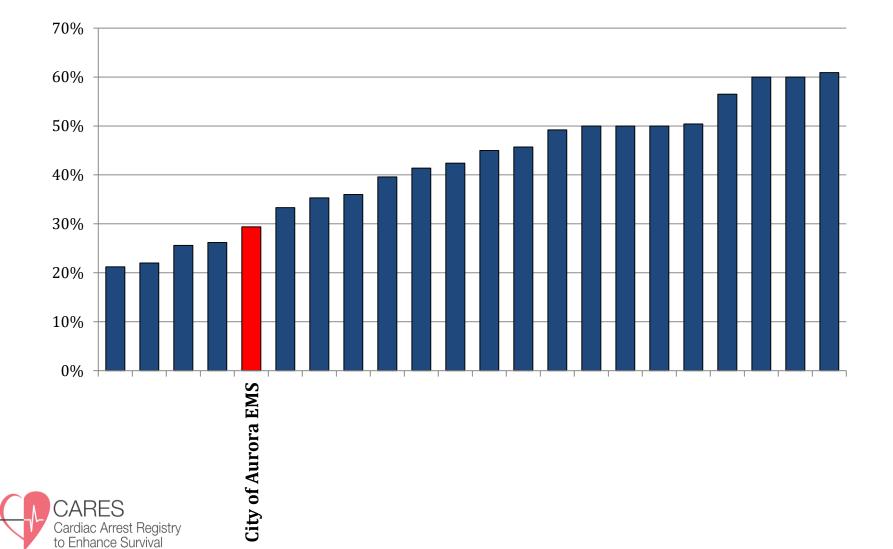
CARES National Regional Variation



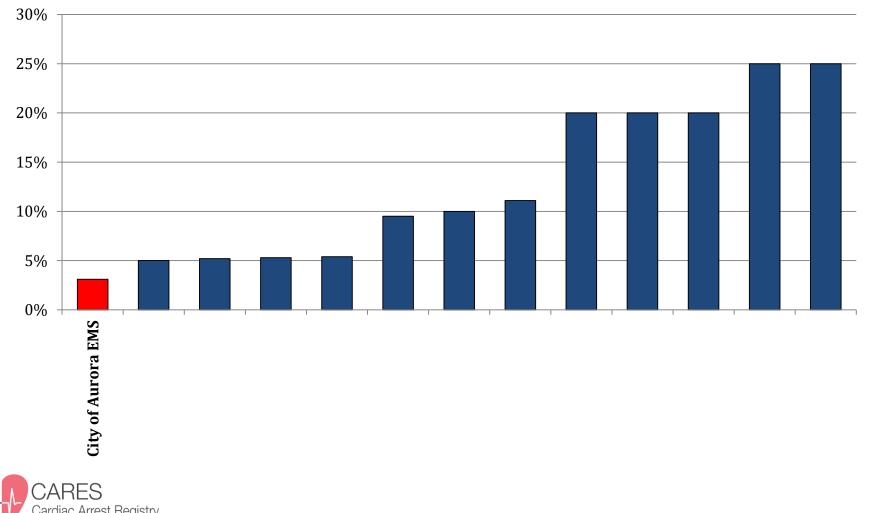




Colorado Variation – Bystander CPR

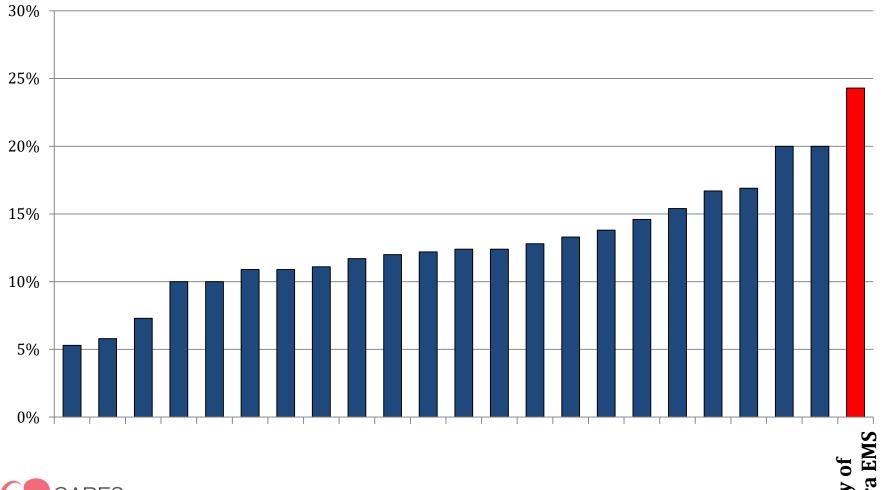


Colorado Variation – Public AED Use



Cardiac Arrest Registry to Enhance Survival

Colorado Variation – Survival Rate



CARES Cardiac Arrest Registry to Enhance Survival

Aurora EMS City of

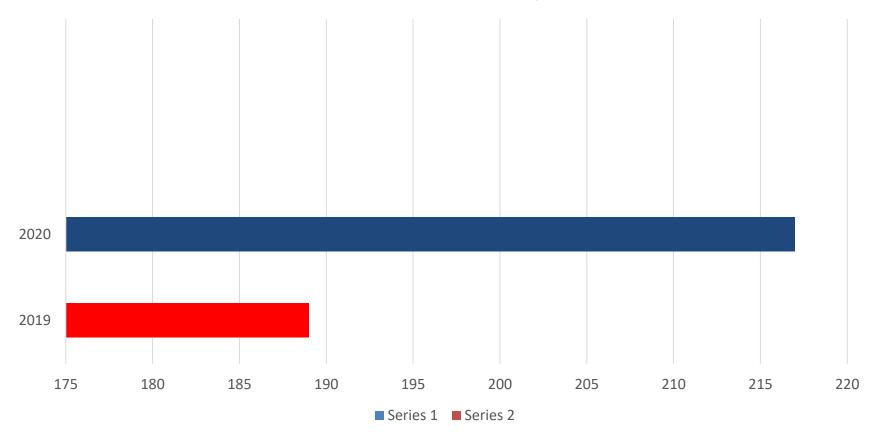




2019- 2020 CARES Comparison: City of Aurora

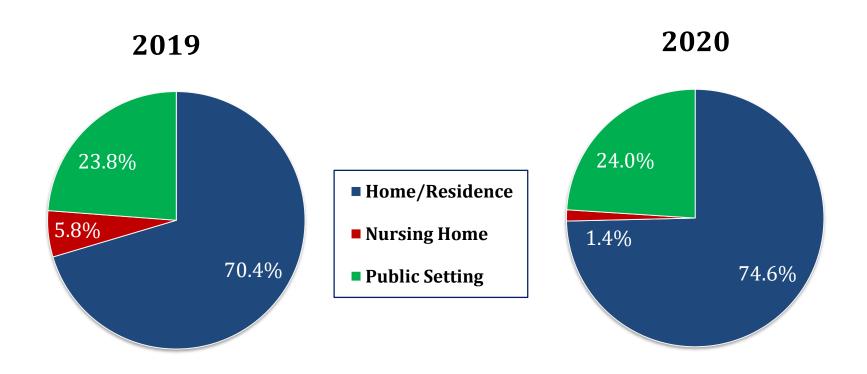


CARES DATA ENTERED 2019 compared to 2020



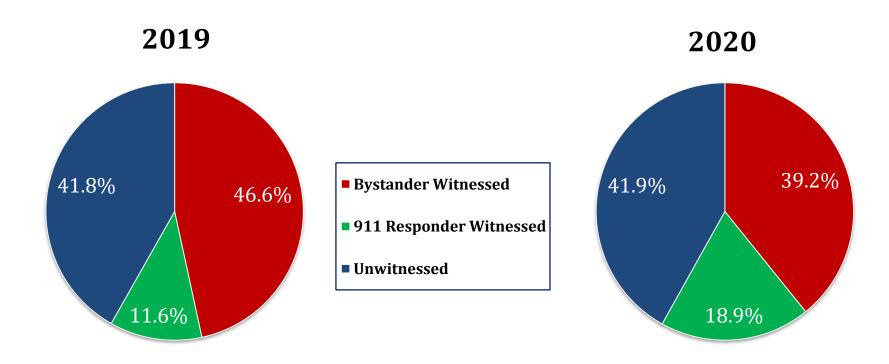


City of Aurora Location of Arrest



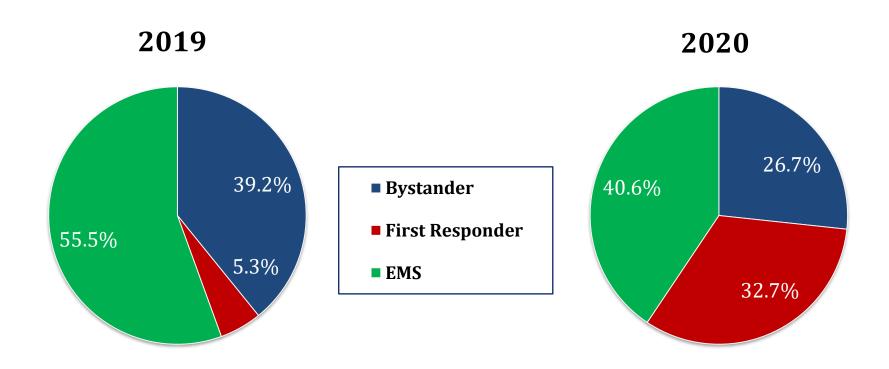


Arrest Witness Status



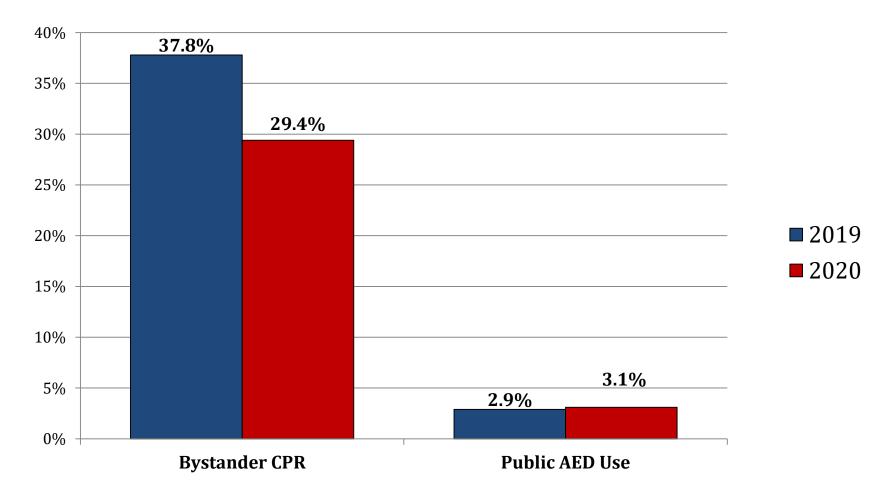


Who Initiated CPR?





City of Aurora Bystander Intervention Rates

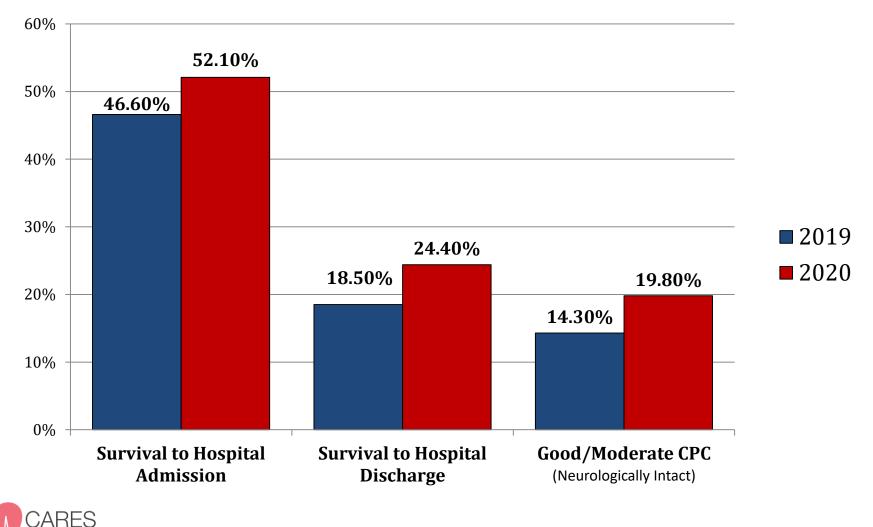




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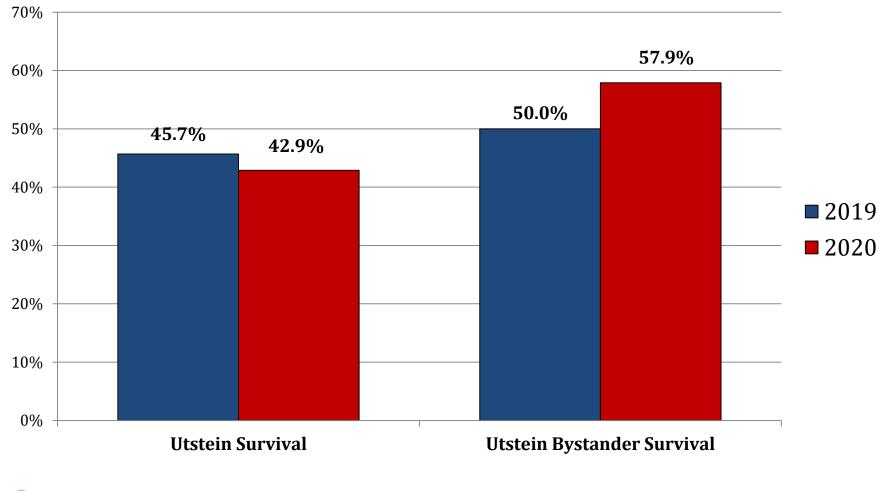
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Survival Rates: Overall Survival



CARES Cardiac Arrest Registry to Enhance Survival

Survival Rates: Bystander Witnessed Shockable Rhythm





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Data Interpretation

- Cardiac arrest patients in Aurora receive outstanding care and have higher rates of survival compared to state and national metrics.
- Notable areas of opportunities around low bystander CPR and public AED use in Aurora compared to state and national metrics.



Future Direction

- Public access AED program
- Community CPR programs across the city
- Emphasis on 911 dispatcher CPR instructions
- Continue training on high performance CPR
- Continued feedback to crews on every cardiac arrest resuscitation through the QA program



PulsePoint Bystander CPR

Learn CPR. Download the App. Save a Life.







PulsePoint Bystander CPR

CPR Classes offered by Aurora Fire Rescue

- American Heart Assoc.
- American Red Cross
- AFR Instructors

CARES

Cardiac Arrest Registry to Enhance Survival





Staff from Aurora Public Library learn CPR on June 7. Additional Class being offered next month.

PulsePoint AED Program

Aurora Municipal Center Campus.

Tracking Automatic External Defibrillators (AED)

- City Facilities
- Private Residences
- Local Businesses



